



## **Welcome runners!**

**Welcome to the 2020 LA Big 5K! We are excited to have you join us at Dodger Stadium on March 7.**

**Please take a moment to read through our final race instructions and familiarize yourself with the race and our policies.**

## **Race Day Schedule**

**6:00 am -- Dodger Stadium Parking Lots Open**

**6:30 am -- Bib Pick-Up Opens in Parking Lot G**

**8:00 am -- LA BIG 5K Race Start**

**9:30 am -- LA 1/2K Kids Run Start**

## **Packet Pick Up**

**LA Big 5K runners have two options for packet pick up.**

### **1. The Health & Fitness Expo on Friday, March 6 from 10 am to 7 pm**

**Location**

**Los Angeles Convention Center, South Hall G & H**

**1201 South Figueroa Street**

**Los Angeles, CA 90015**

### **2. Dodger Stadium on Saturday, March 7 from 6:30 am to 8:00 am**

**Location**

**Dodger Stadium Parking Lot G**

## **Parking**

Parking for the LA BIG 5K is free.

## **Getting to the Race**

Due to street closures for the LA BIG 5K, only two entrances will be open to Dodger Stadium for participants, the Sunset Gate, accessible via Sunset Blvd, and the Downtown Gate, accessible via CA-110. These gates will open at 6:00 am PDT.

(Note: The Golden State Gate, accessible via I-5, will be closed until 10:00 am due to street closures.)

Please allow yourself plenty of time to get into Dodger Stadium and pick up your race packet before the start at 8:00 am. Race Day Registration and Packet Pick-Up opens at 6:30 am.

## **Race Information**

The race will begin promptly at 8 am, beginning from the same start line as the annual Los Angeles Marathon, which will take place the following day. Participants should begin lining up for the 5K no earlier than 7 am. Please seed yourself according to expected race pace – quicker runners at the front of the start chute, slower runners and walkers to the back. For those that will be walking with a stroller, please place yourself at the very back of the pack to minimize any disruption of other runners.

## **LA 1/2K Kids Race**

The LA 1/2K Kids Race is perfect for future marathoners ages 3-8. The distance is approximately 1/2 kilometer or slightly longer than a quarter mile.

The race begins at 9:30 am.

## The Course

You'll experience an iconic run through Los Angeles as you run through beautiful Elysian Park before a rewarding finish set against the backdrop of world famous Dodger Stadium.

A fully-staffed aid station featuring water is located near the mid-point of the LA BIG 5K course.



## The Finish

Once runners cross the Finish Line of the LA BIG 5K, they will collect their medal, water, fruit, and other goodies from BIG 5 Sporting Goods, the title sponsor of the race before entering the Finish Festival to be reunited with friends and family.

## Triple 5K Medals

Triple 5K Challenge finishers will pick up their medals at the Triple 5K medal tent at the Finish Festival.